

Identifying Nutrients

Answer Key

Vocabulary: carbohydrate, disaccharide, lipid, monosaccharide, polysaccharide, protein, starch

Prior Knowledge Questions (Do these BEFORE using the Gizmo.)

[Note: The purpose of these questions is to activate prior knowledge and get students thinking. Students are not expected to know the answers to the Prior Knowledge Questions.]

1. What are the major types of nutrients you can get from food?

Answers will vary. [Major nutrients include proteins, fats, carbohydrates, vitamins, and minerals.]

2. How are these nutrients used by your body?

Answers will vary. [Proteins are used to build body structures such as muscle. Fats are used for cells, insulation, and energy. Carbohydrates are used for energy. Vitamins and minerals have a variety of functions.]

Gizmo Warm-up

Have you ever wondered what is in your food? Scientists use a variety of tests to determine the nutritional content of food. You will learn four of those tests with the *Identifying Nutrients Gizmo™*.

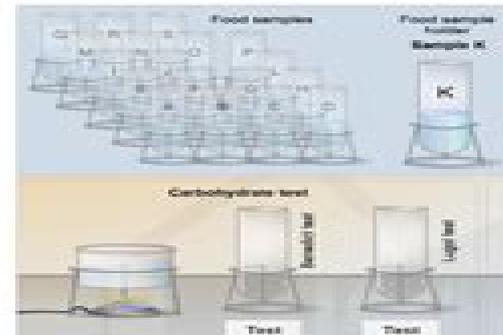
1. Below the **Food samples** label, drag tube **A** into the **Food sample holder**. Below the **Benedict test**, click the **Test** button. What is done in the Benedict test?

The food sample and Benedict solution are added to a test tube. The tube is heated in a water bath for five minutes.

2. The Benedict test is a test for **monosaccharides**, simple sugars like glucose or fructose (fruit sugar). In contact with monosaccharides, the Benedict solution turns from blue to pink.

Does **Sample A** contain monosaccharides? **Yes**

Note: **Disaccharides** such as sucrose (table sugar) and lactose (milk sugar) are more complex than monosaccharides. The Benedict test does not detect disaccharides directly.



Identifying Nutrients Answer Key

Anthea Maton



Identifying Nutrients Answer Key:

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Identifying Nutrients Answer Key Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**Identifying Nutrients Answer Key**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

<https://media.cfan.org/public/detail/default.aspx/Hercules%20Text.pdf>

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