

ANTI-BULLYING LESSON PLAN

BRIEF OVERVIEW

Develop awareness and resilience in children to be able to identify unacceptable behaviour and build the confidence to deal with, stand up to and report such behaviour. Children should build empathy for other people putting "themselves in their shoes" and be able to celebrate the differences between us.

LEARNING OBJECTIVES

- Explain the types of bullying
- Analyse ways of preventing bullying
- Identify methods of dealing and reporting bullying

LEVEL

C3 - C6

STARTER

5 mins

ACTIVITIES

On a white board write the word bullying and friendship on either side. Ask students to come up one by one and write what emotions they think about when they see each of the words.

NOTES

Example:
Friendship - Joy, happy, comfort
Bullying - Scary, sad, hurtful

TEACHER

10 mins

ACTIVITIES

Go through through the Anti-bullying presentation as a class

NOTES

The presentation is lengthy so you may want to select the parts that are most relevant to your class.

ACTIVITY 1

20 mins

ACTIVITIES

Read through the scenario on, Activity 1 (Aleena and the Smiggle Pencil case), as a class. In pairs or small groups ask them to complete the questions

NOTES

You may want to provide different levels of assistance in the questions depending of the level of your class.

ACTIVITY 2

20 mins

ACTIVITIES

In small groups ask the to act out a positive ending to the scenario. Tell them the best group can act their ending out to the class. Observe them and allow one group to present their act.

NOTES

If you want to spend more time on the role play miss out question 4 on the worksheet

PLENARY

5 mins

ACTIVITIES

Ask students to complete the following sentences:

1. Instead of bullying I choose....
2. If I experience bullying I will....
3. If I see someone getting bullied I will...

NOTES



Lesson Plan On Bullying

Michael Seilmaier



Lesson Plan On Bullying:

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