



# Chapter 14: Muscles, Bones, and Skin Study Guide

Question 23 does not require an answer

1. List the organizational system of organisms from cells to organisms - **cells, tissues, organs, organ systems**
2. Define: Bone, Ligament, Tendon, and Cartilage

**Bone** – complex living structures that undergo growth and development.

**Ligament** – strong connective tissue that hold bones together at joints.

**Tendon** – connective tissue that attaches muscle to bone.

**Cartilage** – connective tissue more flexible than bone.

3. Identify the 5 main functions of the skeletal system.

**Movement, protection, support, storage, & producing blood cells**

4. Differentiate between an immovable and movable joint. **Immovable allow little of no movement like the bones of the skull. Movable joints allow the body to make a large range of movements.**
5. Identify an example of an immovable joint. **skull**
6. Identify the 4 main types of movable joints, describe the action of each, and list an example of each joint.

**Hinge** – backward and forward – knee

**Ball and Socket** – greatest range in a circle – shoulder

**Pivot** – Rotate around another bone – neck

**Gliding Joint** – Sliding - wrist

7. List at least 4 characteristics of the muscular system.

- **Muscles can contract**
- **Some are voluntary some are involuntary**
- **Exercise maintains strength and flexibility**
- **Allow movement of the body**

8. Differentiate between a voluntary and involuntary muscle movement.

**Voluntary** – you consciously control

**Involuntary** – occur without your conscious control

9. Identify the muscle movement for each of the types of muscle.



# Muscular System Guide Packet Answers

**Charles M. Seiger**



**Muscular System Guide Packet Answers:**

## Unveiling the Energy of Verbal Art: An Emotional Sojourn through **Muscular System Guide Packet Answers**

In some sort of inundated with screens and the cacophony of instantaneous conversation, the profound power and emotional resonance of verbal artistry frequently disappear into obscurity, eclipsed by the regular barrage of sound and distractions. Yet, nestled within the musical pages of **Muscular System Guide Packet Answers**, a charming work of literary elegance that impulses with raw feelings, lies an memorable trip waiting to be embarked upon. Written by way of a virtuoso wordsmith, this interesting opus books readers on an emotional odyssey, softly revealing the latent possible and profound affect stuck within the intricate web of language. Within the heart-wrenching expanse of the evocative examination, we will embark upon an introspective exploration of the book is key subjects, dissect its interesting publishing design, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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