

# 7th Grade Science Study Guide

## CELLS AND LIFE PROCESSES

HOW DO THE PARTS OF A CELL WORK TOGETHER TO KEEP LIVING THINGS ALIVE?

### What You Need to Know

- All living things are made of one or more **cells**.
- Cells contain tiny parts called **organelles** that perform life processes.
- The **nucleus** controls the cell and holds the DNA (instructions for life).
- **Mitochondria** releases energy from food to power the cell.
- **Plant** and **animal** cells have some differences: plant cells have a cell wall, chloroplasts, and large vacuoles.
- **Mitosis** is how cells divide to help organisms grow and repair themselves.
- The **cell theory** says all living things are made of cells, and cells come from other cells.
- Materials move into and out of cells by **diffusion** (molecules) and **osmosis** (water).
- Scientific ideas like the cell theory are based on evidence and can change as new discoveries are made.



### Real-Life Science Spotlight

#### How Did Microscopes Change Science Forever?

Before microscopes were invented, people couldn't see cells at all, they didn't even know cells existed! Once scientists could see tiny structures through microscopes, they discovered that all living things are made of one or more cells.

Today, even more powerful microscopes let scientists see what's inside of a cell, and discover...

### Vocabulary to Know

- **Cell** - the basic unit of life.
- **Organelle** - tiny parts inside a cell that perform life processes.
- **Nucleus** - organelle that controls the cell and holds DNA.
- **Mitochondria** - organelle that releases energy from food.
- **Cell Wall** - a rigid outer layer that supports plant cells.
- **Chloroplast** - organelle that uses sunlight to make food (photosynthesis).
- **Vacuole** - storage space for water, nutrients, and waste inside cells.
- **Diffusion** - movement of molecules from high concentration to low concentration.
- **Osmosis** - movement of water across a membrane.
- **Mitosis** - process where a cell divides to make two identical cells.
- **Cell Theory** - idea that all living things are made of cells and cells come from other cells.

### Models & Visuals to Know

#### Plant Cell



Study Tips & Tracker Included

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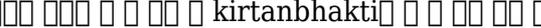
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