

# JNC 8 Recommendations

Patient Subgroup	Target SBP (mm Hg)	Target DBP (mm Hg)
≥ 60 years	<150	< 90
< 60 years	<140	< 90
> 18 years with CKD	<140	<90
> 18 years with diabetes	<140	<90

*CKD = chronic kidney disease; DBP = diastolic blood pressure; SBP = systolic blood pressure*

James PA, et al. *JAMA*. 2013 Dec 18. [Epub ahead of print]

# Jnc 8 Quick Reference

**Lingjun Ying**



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