

HEADSHOK® LEFTY OWNER'S MANUAL

Congratulations and thanks for your purchase of the HeadShok Lefty suspension system. You have invested in a suspension system that is light weight and offers maximum adjustability and absolute steering precision. This owner's manual contains important and useful information regarding the proper operation, care, and maintenance of your HeadShok fork. Please read it carefully and follow its instructions for miles of safe, high performance riding. If you have any questions about your fork or the contents of this manual, don't hesitate to contact us. See the back page for phone numbers and E-mail contacts.

The Lefty fork is a new front wheel suspension device, unlike any other fork on the market. Using an integrated axle and a single leg, the Lefty is as strong and stiff as any standard two-legged long travel fork while being lighter weight. The Lefty is available in three configurations—The Electronic Lock Out (Lefty ELO) which features push button lock out from the handlebar, the Dial Lock Out with Rebound adjustment (Lefty DLR) with on-the-fly lock out and rebound damping adjustment, and the Mechanical damper (Lefty M).

The axle spindles on the Lefty ELO and DLR are titanium for the ultimate in light weight and strength. The spindle on the Lefty M is cast stainless steel for durability and corrosion resistance.

Your HeadShok equipped Cannondale bicycle should have included both a standard owner's manual and this front suspension specific manual. If you did not receive both of these documents, please download and print one from the Cannondale website Tech Center or call our customer service line at +31 541 57 35 80 in Europe (0930 200300 from U.K.) to have one sent to you.

Please note that this manual is meant to supplement, not to replace, the Cannondale Bicycle Owner's Manual. The owner's manual contains valuable information regarding safe operation, adjustment, and maintenance of your bicycle, as well as more complete warranty information. Please read the bicycle owner's manual thoroughly before riding your bicycle, and keep it and this booklet for future reference.

REQUIRED TOOLS:

- Metric hex wrench set
- Torque wrench
- 40mm headset wrench for ELO fork assembly and battery changes (available from tool makers such as Park, Pedro's or X-Ads)

REPLACEMENT BATTERY FOR ELO FORK:

- HD300/ Ultralife lithium 9 volt battery (U9VL) or U9VL (also available from retailers such as Ace Hardware, Home Base, Radio Shack, Sears, and True Value Hardware)

FORK PRE-RIDE CHECKLIST

Before each ride, check the following items:

Stem bolts: Make sure that the stem bolts that clamp the stem to the fork are tight. Each bolt should be tightened to 77-94 in-Lbs (8.7-10.5 Nm). You can check that the stem bolts are tight enough by standing in front of your bicycle, holding the front wheel between your knees, and trying to twist the handlebars from side to side. The bars should not move.

Wheel attachment: Is your rear wheel's quick-release skewer properly fastened? Be sure to read Section 6 of the Cannondale Owner's Manual on proper operation of quick release skewers. Is the Lefty hub correctly installed and the hub bolt properly torqued to 133 in-Lbs (15 Nm)? See the section titled "Front Wheel Installation" later in this manual for proper Lefty hub installation instructions.

Brakes: Are your brakes functioning properly? With disc brakes, the brake pads must be properly installed and free from grease or oil contamination. Also, the brake pads must contact the braking surface firmly without the brake lever hitting the handlebar.

⚠ WARNING: The Lefty fork must be used with a COO or other compatible disc brake, as the disc brake acts as a secondary wheel retention device. Failure to have a properly installed disc brake rotor on the Lefty hub and a properly installed disc brake caliper on the Lefty fork could allow the front wheel to come off of the

Lefty Elo Manual

Mark Steyvers



Lefty Elo Manual:

The book delves into Lefty Elo Manual. Lefty Elo Manual is a vital topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Lefty Elo Manual, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Lefty Elo Manual
 - Chapter 2: Essential Elements of Lefty Elo Manual
 - Chapter 3: Lefty Elo Manual in Everyday Life
 - Chapter 4: Lefty Elo Manual in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, this book will provide an overview of Lefty Elo Manual. This chapter will explore what Lefty Elo Manual is, why Lefty Elo Manual is vital, and how to effectively learn about Lefty Elo Manual.
3. In chapter 2, the author will delve into the foundational concepts of Lefty Elo Manual. The second chapter will elucidate the essential principles that need to be understood to grasp Lefty Elo Manual in its entirety.
4. In chapter 3, the author will examine the practical applications of Lefty Elo Manual in daily life. The third chapter will showcase real-world examples of how Lefty Elo Manual can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Lefty Elo Manual in specific contexts. This chapter will explore how Lefty Elo Manual is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Lefty Elo Manual. The final chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Lefty Elo Manual.

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Lefty Elo Manual Introduction

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