

Muscle Study Guide: Origin, Innervation & Action

Muscle	Origin	Innervation	Action	Picture
Supraspinatus	Supraspinatus fossa	Greater tubercle of humerus	Abducts the arm	
Deltoid	Clavico-deltoid Acromioclavicular Spino-deltoid	Humerus	Abduction, Flexion & extension	
Trapezius	Occipital bone	Spine of scapula	-Elevates the scapula -adduct the shoulder -lowers the shoulders	
Rhomboides	Vertebral Column	Medial border of the scapula	Adducts the shoulder	
Levator Scapulae	Transverse process	Thoracodorsal nerve	Abduction	
Serratus Anterior	Ribs -8	Medial border of the scapula	Pulls scapula anteriorly	
Pectoralis major	Clavicle, sternum, costal cartilage	Intertubercular groove of humerus	Adduction, muscle of arm wrestling	

Muscle Origin And Insertion Study Guide

JE Gale



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