

# Flipping Towards My Goals

@artistry\_M



## GOAL-SETTING GUIDE

My favourite  
gymnast is

\_\_\_\_\_  
because \_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.

My favourite skills are:

- 1.
- 2.
- 3.
- 4.

Some things I  
need to work on  
are:

- 1.
- 2.
- 3.

My goals this year are:

- 1.
- 2.
- 3.
- 4.
- 5.

Explain how you will reach  
your goals:

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Name:

Date:

# Goal Setting Sheets For Gymnasts

**IM Harris**



## **Goal Setting Sheets For Gymnasts:**

## **Goal Setting Sheets For Gymnasts** Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the ability of words has become much more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such may be the essence of the book **Goal Setting Sheets For Gymnasts**, a literary masterpiece that delves deep to the significance of words and their impact on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book's key themes, examine its writing style, and analyze its overall effect on readers.

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