

# LIFEGUARDING PRACTICE TEST. All questions & answers. Graded 2022/2023.

An AED indicates that "no shock is advised." Which of the following is most appropriate to do next?

- A- Perform CPR for about 2 minutes.
- B- Monitor the victim's airway and breathing.
- C- Readjust the pad placement on the victim.
- D- Turn off the AED for 5 seconds and try again. - Ans-A

When giving chest compressions to an adult, how would you position your hands?

- A- Side-by-side in the middle of the victim's chest
- B- Encircling the chest with the thumbs centered at the nipple line
- C- Heel of one hand on the center of the chest with the other hand on top
- D- Three fingers of one hand on the chest with the palm of the other on top - Ans-C

You and a patron enter the locker room and find an unresponsive person lying on the floor. You size up the scene and form an initial impression, and then you begin performing a primary assessment. The patron asks, "Should we move them to the first aid room?" What should you do next?

- A- Help the patron move the victim to the first aid room.
- B- Tell the patron the victim should not be moved since there is no immediate danger.
- C- Splash the victim's face with cold water.
- D- Tell the patron to move the victim while you get other lifeguards to help. - Ans-B

You are providing care to a patron who started choking on some food. The victim becomes unresponsive. Which of the following should you do first?

- A- Attempt to give ventilations to the victim.
- B- Lower the victim to the ground and begin CPR starting with chest compressions.

# Lifeguard Test Questions And Answers

**Michael Rajnik**



## **Lifeguard Test Questions And Answers:**

## Reviewing **Lifeguard Test Questions And Answers**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Lifeguard Test Questions And Answers**," an enthralling opus penned by a very acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve into the book's central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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