

Because his game has improved, he has greater self-esteem and a positive self-concept. During this developmental stage, he has also noticed that he is better at regulating stress and anger during football games or at school by taking deep breaths. He takes time to be alone and calm down. (C. Williams, personal communication, August 7, 2019). This past year he has begun spending more time with friends; this past Halloween was the first time he went trick-or-treating with his friends instead of his parents. He also suggested his parents to spend more time with friends during the summer. Although he is spending more time with friends, he is not friends with the same kids as when he was younger. His best friend used to be a boy across the street, but now that boy is in middle school, and they no longer share the same interests like sports, video games, or the same friends. (C. Williams, personal communication, August 7, 2019). Levi ultimately believes he is who he is at this point in life because his mom and dad made him, and he does not believe his environment has had any influence. He believes the most significant challenge during this developmental stage is making up early for school. His advice to anyone entering into late childhood is to go to bed early. (C. Williams, personal communication, August 7, 2019).

#### Michelle (adolescent)

She is a 17-year-old female identified as being late adolescent. (C. Clark, personal communication, August 7, 2019). She has felt this way since she turned 16 years old because she feels as though the countdown to the end of her life has already begun, and therefore time is running out. (C. Clark, personal communication, August 7, 2019). Her paternal grandmother died in her early 70's, and her maternal grandmother died in her 60's, which contributes to why she feels this way. She said she grows more to who she is like a blink of an eye as she has gotten older. In comparing her life span to hers, she feels she was the best, physically, in her 70's. (C. Clark, personal communication, August 7, 2019). She usually believes her physical appearance

# Lifespan Development Interview Paper

**JS Bruner**



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