



October 15, 2021

ANATOMIC DESCRIPTIONS OF THE CHEST

- **Supraclavicular-** above the clavicles
- **Infraclavicular-** below the clavicles
- **Interscapular-** between the scapulae
- **Infrascapular-** below the scapulae
- **Bases of the lungs-** the lowermost portions
- Upper, middle, and lower lung fields.

TRACHEA AND MAJOR BRONCHI (TRACHEOBRONCHIAL TREE)

- Breath sounds over the trachea and bronchi have a **harsher quality** than those over the denser lung parenchyma
- **Trachea:** bifurcates into its mainstem bronchi at the levels of the sternal angle anteriorly and the T4 spinous process **posteriorly**
- **Right main bronchus:** wider, shorter, and more vertical than the left main bronchus
 - directly enters the hilum of the lung
- **Left main bronchus:** extends inferolaterally from below the aortic arch and anterior to the esophagus and thoracic aorta and then enters the lung hilum
- Each main bronchus then divides into **lobar** then into **segmental bronchi** and **bronchioles**, terminating in the sac-like **pulmonary alveoli**, where gas exchange occurs
- **Aspiration pneumonia-** more common in the right middle and lower lobe because the right main bronchus is more vertical

PLEURAE

- **Visceral pleura-** covers the outer surface of the lungs
 - Lacks sensory nerves, but the parietal pleura is richly innervated by the intercostal and phrenic nerves
- **Parietal pleura-** lines the pleural cavity along the inner rib cage and the upper surface of the diaphragm
- Between the visceral and parietal pleura is the pleural space, containing serous pleural fluid
- surface tension of the pleural fluid keeps the lung in contact with the thoracic wall, allowing the lung to expand and contract during respiration

HEALTH HISTORY

- Common or Concerning Symptoms
 - Chest pain
 - Shortness of breath (dyspnea)
 - Wheezing
 - Cough
 - Blood-streaked sputum (hemoptysis)
 - Daytime sleepiness or snoring and disordered sleep

CHEST PAIN

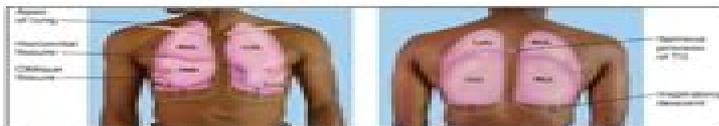
- Complaints of chest pain or chest discomfort raise concerns about the heart but often arise from other structures in the thorax and lungs.

SOURCES OF CHEST PAIN AND RELATED CAUSES	
Myocardium	Angina pectoris, MI, Myocarditis
Pericardium	Pericarditis
Aorta	Aortic dissection



LUNGS, FISSURES, AND LOBES

- **Anteriorly**
 - **apex (of each lung):** rises approximately 2-4 cm above the inner 1/3 of the clavicle
 - **Lower border of the lung:** crosses the 6th rib at the midclavicular line and the 8th rib at the midaxillary line
- **Posteriorly**
 - **Lower border of the lung:** lies at about the level of the T10 spinous process
 - On inspiration, it descends in the chest cavity during contraction and descent of the diaphragm



- **Oblique (major) fissure** may be approximated by a string that runs from the T3 spinous process obliquely down and around the chest to the 6th rib at the midclavicular line
- **Anteriorly, horizontal (minor) fissure** runs close to the 5th rib and meets the oblique fissure in the midaxillary line near the 5th rib
 - The right lung is thus divided into upper, middle, and lower lobes (RUL, RML, and RLL)
 - The left lung has only two lobes, upper and lower (LUL, LLL)
- Each lung receives deoxygenated blood from its **pulmonary artery**
 - Oxygenated blood returns from each lung to the left atrium via the **pulmonary veins**

Lungs go down hanggang 10th rib below that wala na unless hyperinflated lung lungs. Pero ma-auscultase hanggang 5th ICS lang.
 At T3, down nag umpisa ang major fissure (separates upper and lower lobe)
 Posteriorly, upper lobe is divided into 2: Apical superior AND Posterior superior
 Lower lobe naman sa posterior is divided into 3: Superior inferior, Lateral basal inferior, Posterior basal inferior
 Anteriorly, Apical superior both, Anterior superior both (Medial middle and Lateral middle in the right lung only), (Superior lingual and Inferior lingual in left lung only) B:AA RMMMLM L:SLS

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