



Speed button

Press to increase the speed of the massage rollers. Each press will cycle through:
One bar = Slow; Two bars = Medium; Three bars = Fast

Target button

Targets a particular area for the rollers to focus on and remain. Location will be shown on the LCD screen.

Timer button

Each press will add 5 minutes to your selected program time. Up to a maximum of 15 additional minutes.

Zone button

Adjusts what areas you want to focus your massage. Each press cycles through Back, Waist, Seat, Back & Waist, Waist & Seat and Whole Body.

Width button

Press to adjust massage roller widths. Repeated pressing will cycle through Narrow, Medium and Wide. This function is not available in Kneading mode.

Pause button

Will temporarily pause all massage and pause functions. Rollers will not return to their storage position. To resume press Pause button again.

Zero Gravity button

This will recline the chair automatically to a Zero Gravity position a second press will return chair to "Ready" position.

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