

National Cholesterol Education Program Cholesterol Guidelines

	Desirable	Borderline High	High
Total Cholesterol	Less than 200	200 - 239	240 and higher
LDL Cholesterol (the "bad" cholesterol)	Less than 130	130 - 159	160 and higher
HDL Cholesterol (the "good" cholesterol)	50 and higher	40 - 49	Less than 40
Triglycerides	Less than 200	200 - 399	400 and higher

National Cholesterol Education Program Guidelines 23

A Gutmann



National Cholesterol Education Program Guidelines 23:

National Cholesterol Education Program Guidelines 23 Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has become more evident than ever. They have the capability to inspire, provoke, and ignite change. Such is the essence of the book **National Cholesterol Education Program Guidelines 23**, a literary masterpiece that delves deep into the significance of words and their affect our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall affect readers.

<https://media.cfan.org/data/virtual-library/index.jsp/Mental%20Health%20Professional%20Guide.pdf>

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