

Lancer Skin Type Evaluator

- ▶ To find LES skin type, add up the four numbers (on the chart to the right) that correspond to the grandparents' ethnicities on the maternal and paternal sides. Divide that total number by four to find the LES score.
- ▶ A higher LES score means a higher risk with treatments. No matter what, there is always risk with any treatment that requires healing. A higher LES score comes with a higher risk of adverse reactions to resurfacing treatments.
- ▶ Knowing ancestral history will allow you as a provider to better anticipate how skincare or treatments may affect your patients' skin. Research into family history can reveal more about skin than is on the surface.

LES I	LES III	LES IV	LES V		
Extremely fair skin that burns quickly and tends toward sensitivity. Your ancestors are: <ul style="list-style-type: none"> • Celtic • Nordic • Northern European 	Golden skin, possibly with olive undertones, that can sun easily or become easily inflamed. Your ancestors are: <ul style="list-style-type: none"> • European Jews • Native American and Inuit • Southern European and Mediterranean 	Olive or brown skin that can become easily inflamed and can tend toward acne. Your ancestors are: <ul style="list-style-type: none"> • Sephardic Jews • Central and South American Indian • Chinese, Korean, Japanese, Thai, and Vietnamese • Filipino and Polynesian • Southern European and Mediterranean • Southeast Asia* 	Black skin that can react to irritation with discoloration or texture changes. Your ancestors are: <ul style="list-style-type: none"> • Central, East, and West African • Eritrean and Ethiopian • North African and Middle East Arabic 		
<th>LES II</th> <td> EXAMPLE M/Gm 4 Mediterranean M/Gf 4 Mediterranean P/m 1 Nordic P/f 2 Eastern European <hr/> TOTAL 11 4 LES III </td> <td>  </td> <td> CALCULATE YOUR LANCER M/Gm _____ M/Gf _____ P/m _____ P/f _____ <hr/> TOTAL 4 LES </td> <td> <small>*Added to original Lancer ethnicity list Adapted from www.lancerderm.com/blog/whats-my-skin-type. Terms used align with Lancer's scale, and may not align with newer racial terminology.</small> </td>	LES II	EXAMPLE M/Gm 4 Mediterranean M/Gf 4 Mediterranean P/m 1 Nordic P/f 2 Eastern European <hr/> TOTAL 11 4 LES III		CALCULATE YOUR LANCER M/Gm _____ M/Gf _____ P/m _____ P/f _____ <hr/> TOTAL 4 LES	<small>*Added to original Lancer ethnicity list Adapted from www.lancerderm.com/blog/whats-my-skin-type. Terms used align with Lancer's scale, and may not align with newer racial terminology.</small>

Additional Key Questions

How does the skin heal after "small wounds" such as scrapes, cuts, bug bites, and Band-aid® marks?

- Pink to Red Purple to Dark

How does the skin behave on photosensitive medications?

- Burns Easily Minimal Response

How do scars heal after more significant wounds?

- Thick Thin

Are you taking any contraindicated topicals?

- Yes, Which ones? How Long? No

Bringing it together for Skinclusive care:

- ▶ Using both Lancer and Fitzpatrick skin assessment prior to aesthetic treatments is crucial for effective and safe patient care.
- ▶ The additional key questions also highlight unexpected skin reaction clues to guide your treatment.
- ▶ Upon final assessment, use laser settings that lean towards the more conservative skin type, then gradually progress and document settings for optimal experience and results.

Guide For Skin Assessment

Ian Pickup



Guide For Skin Assessment:

Unveiling the Magic of Words: A Overview of "**Guide For Skin Assessment**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**Guide For Skin Assessment**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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