

Lung Capacity Lab

Background

Human lung capacity can be measured in several ways. One way is by using a complex piece of laboratory equipment called a spirometer. However, lung capacity can also be measured by using a balloon.

Several different lung volume measurements can be made. The amount of air taken in or expelled during normal breathing is about 500 cm³. This volume of air called the tidal volume. The largest possible amount of air which can be exhaled after drawing in a deep breath is the vital capacity. The amount of air that remains in the lungs after exhaling normally but which can be expelled is the expiratory reserve. A certain amount of air in the lungs cannot be expelled. This is the residual volume.

Purpose

- To measure your tidal volume, expiratory reserve, and vital capacity
- To compare your experimental data with lung capacity data obtained from a spirometer

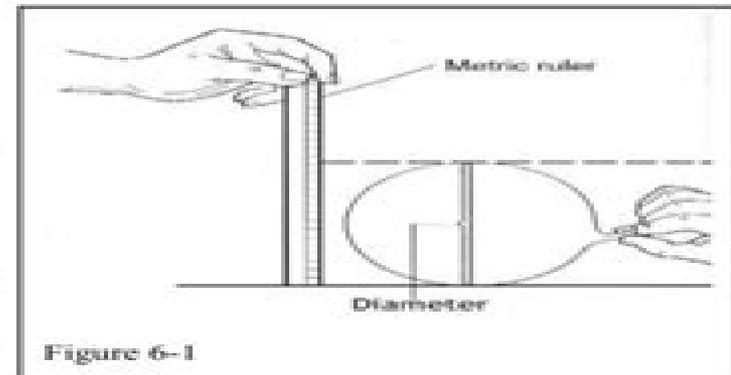
Materials

Round Balloon Metric Ruler

Procedure

Part A. Tidal Volume

- Stretch a balloon several times
- Take in a normal breath. Exhale into the balloon *only* as much air as you would normally exhale. **DO NOT** force your breathing.
- Pinch the balloon to prevent air from escaping.
- Place the balloon next to a metric ruler. Determine the diameter of the balloon by sighting across the top of the balloon to the ruler (Figure 6-1).
- Record the diameter of the balloon in centimeters in column A of Table 4-1.
- Deflate the balloon.
- Repeat the previous four steps four more times. Measure and record each balloon diameter in Table 4-1.



Part B. Expiratory Reserve

- Exhale normally.
- Then, exhale into the balloon as much air as possible.
- Measure and record the diameter of the balloon in column B of Table 4-1.
- Run four more trials. Record the diameter of the balloon in the data table.

Part C. Vital Capacity

- Take as deep a breath as possible. Then exhale all the air you can into the balloon.
- Measure and record the diameter of the balloon in column C of Table 4-1.
- Run four more trials. Record the diameter of the balloon for each trial in the data table.

Lung Capacity Measurements Lab Manual

Laurence Englemohr Morehouse



Lung Capacity Measurements Lab Manual:

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Table of Contents Lung Capacity Measurements Lab Manual

1. Understanding the eBook Lung Capacity Measurements Lab Manual
 - The Rise of Digital Reading Lung Capacity Measurements Lab Manual
 - Advantages of eBooks Over Traditional Books
2. Identifying Lung Capacity Measurements Lab Manual
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Lung Capacity Measurements Lab Manual
 - User-Friendly Interface
4. Exploring eBook Recommendations from Lung Capacity Measurements Lab Manual
 - Personalized Recommendations
 - Lung Capacity Measurements Lab Manual User Reviews and Ratings
 - Lung Capacity Measurements Lab Manual and Bestseller Lists

5. Accessing Lung Capacity Measurements Lab Manual Free and Paid eBooks
 - Lung Capacity Measurements Lab Manual Public Domain eBooks
 - Lung Capacity Measurements Lab Manual eBook Subscription Services
 - Lung Capacity Measurements Lab Manual Budget-Friendly Options
6. Navigating Lung Capacity Measurements Lab Manual eBook Formats
 - ePub, PDF, MOBI, and More
 - Lung Capacity Measurements Lab Manual Compatibility with Devices
 - Lung Capacity Measurements Lab Manual Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Lung Capacity Measurements Lab Manual
 - Highlighting and Note-Taking Lung Capacity Measurements Lab Manual
 - Interactive Elements Lung Capacity Measurements Lab Manual
8. Staying Engaged with Lung Capacity Measurements Lab Manual
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Lung Capacity Measurements Lab Manual
9. Balancing eBooks and Physical Books Lung Capacity Measurements Lab Manual
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Lung Capacity Measurements Lab Manual
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Lung Capacity Measurements Lab Manual
 - Setting Reading Goals Lung Capacity Measurements Lab Manual
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Lung Capacity Measurements Lab Manual
 - Fact-Checking eBook Content of Lung Capacity Measurements Lab Manual
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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