

Fundamentals HESI Study Guide

Vital Signs:

August 22

- Temperature, pulse, respiration, blood pressure, pulse ox
- Temperature: lower in the morning, highest in the evening, 98.6 F-100.4 F, 36-38 C
- Pulses: carotid, brachial, radial, ulnar, femoral, popliteal, dorsalis pedis, posterior tibial
- Loudest heart sounds heard at apical pulse
- Normal heart rate:
 - Infants: 120-160
 - Toddler: 90-140
 - Adolescent: 60-90
 - Adult: 60-100
- Tachycardia vs. bradycardia
 - Tachycardia: greater than 100
 - Bradycardia: less than 60
- Strength of pulse: 0: absent, 1: weak, 2: normal, 3: full, 4: bounding
- Amplitude: volume of blood pushed against the wall of an artery during ventricular contraction
- Ox saturation: usually 95% to 100%
- Systolic: force exerted as left ventricle **contracts** and pumps blood into aorta → MAX PRESSURE
- Diastolic: force exerted during ventricular **relaxation**, when heart is filling → MINIMUM PRESSURE
- Blood pressure ranges
 - Normal: <120, <80
 - Prehypertension: 120-139, 80-89
 - Stage 1 Hypertension: 140-159, 90-99
 - Stage 2 Hypertension: >160, >100
- Blood pressure cuff...
 - Too wide: false low
 - Too narrow: false high

Patient Safety and Quality:

August 22

Hesi Study Guide For Fundamentals

Puja Mehta



Hesi Study Guide For Fundamentals:

Unveiling the Magic of Words: A Report on "**Hesi Study Guide For Fundamentals**"

In a global defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Hesi Study Guide For Fundamentals**," a mesmerizing literary masterpiece penned with a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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