



**S** 5.5 to 6  
14 to 15.5



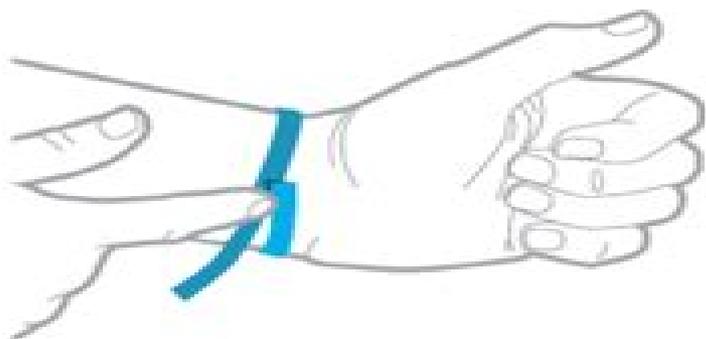
**M** 6 to 7  
15.5 to 18



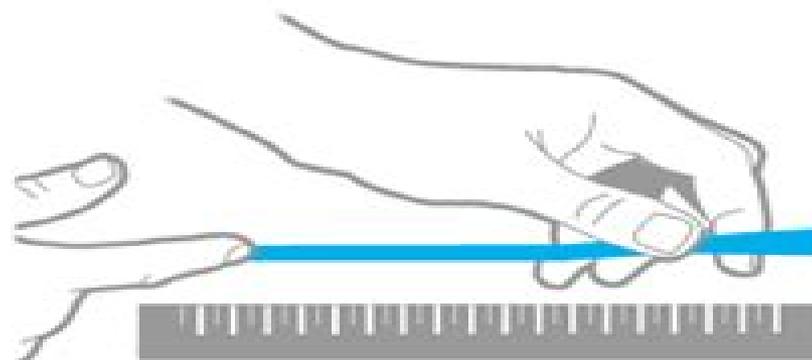
**L** 7 to 8  
18 to 20

inches  
cm

## Find Your Size



Wrap a string snugly around your wrist. Mark the string where the two ends cross.



Measure the string from one end to the marked place. See the size guide above to determine which UP Band is right for you.

# Jawbone Up Sizing Guide

**Didier Musso**



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